

GYM & WORKOUT FACILITIES APPLICATION

SUBMISSION REQUIREMENTS:

- Completed ACORD Application for all submitted lines
- 5 Years Currently Valued Loss Runs for all submitted lines
- Copy of Waivers and Releases
- Copy of Health Club Membership Application
- Copy of Medical Disclosure
- Standard Vendor/Subcontractor Contract
- Facility Lease Agreement (if building rented/leased)

GENERAL INFORMATION

Full Named Insured:							
Mailing Address:			City:		State:		Zip:
Physical Address:			City:		State:		Zip:
Entity Type:	☐ Corporation	□ LLC	☐ Joint Venture	☐ Par	tnership	☐ Oth	er:
Email:			Phone:				
Year Established:			In business under cu management since:	rrent			
Is operation part of a fi *If yes, what is the fram					☐ Yes	□ No	
Facility is:					☐ Owne	ed 🔲 I	Leased
Is a safety manager on premises at all times the facility is open?				☐ Yes	□ No		
Does the Applicant have	ve a formal safety tr	aining progra	m for employees in pla	ice?	☐ Yes	☐ No	

EXPOSURE INFORMATION

Provide estim	ated count:							
			Upcoming Year			Prior Year		
Т	otal Members							
# of	Active Membe	rs						
# of	Guests per Mor	nth						
Operating Ho	urs:							
	Sunday	Monday	Tuesday	Wednesday	Thurso	lay	Friday	Saturday
From:								
To:								
Is staff present during all hours of operation?					☐ Yes [□ No		



	Upcoming Year	Prior Year
Membership Fees	\$	\$
Personal Training	\$	\$
Classes	\$	\$
Court Rental	\$	\$
Salon/Spa Services	\$	\$
Pro Shop Sales	\$	\$
Tanning Beds	\$	\$
Restaurant	\$	\$
Alcohol Sales	\$	\$
Other*	\$	\$
Total Gross Receipts	\$	\$

FACILITY INFORMATION

Any storage, treating, discharging, applying, disposing, or transporting hazardous materials?						☐ No	
Any operations sold, acquired,	or discontinued in the	last five (5) years?			☐ Yes	□ No	
Are any structural alterations of	or demolitions contemp	olated?*			☐ Yes	☐ No	
*If so, please advise:							
Machinery, equipment, or attr	actions rented to other	rs?			☐ Yes	☐ No	
Any watercraft docks or floats	on premises?				☐ Yes	☐ No	
Advise who is responsible for the	he following:						
	Applicant	Facility Owner	Subc	ontract	or	N/A	
Building Maintenance							
Concessions							
Facility Management							
First Aid							
Liquor Sales							
Merchandise/Gift Shop							
Parking							
Security							
Answer the following with rego	ards to contracts and ce	ertificates of insuran	ce with subc	ontract	ors and	vendors:	
			Applicant	Sub/	Γenant	Mutual	N/A
a. Hold Harmless/Indemnification wording is in favor of:							
b. Additional Insured status is in favor of:							
c. COI showing at least \$1M liability limit required by:							
Does Applicant's facility host or sponsor such events?*					☐ Yes	i □ No	
*If yes, explain:							
Does Applicant's facility lease out/contract the property for events?*							
*If yes, does Applicant require COI including AI status for Applicant? Yes No							



LIFE SAFETY

Is there cooking on premises?	☐ Yes ☐ No				
*If yes, answer the following questions.					
Is the cooking area, hood and duct system protected by a fire extinguishing system?	☐ Yes ☐ No				
Does Applicant have a written agreement in place for grease removal, hood, duct, and filter cleaning with an outside company?	☐ Yes ☐ No				
How often is the hood and duct serviced?					
☐ Annually ☐ Every 6 months ☐ Quarterly ☐ Other (explain):					
Date Last Serviced:					
Indicate any Fire Protection in place:					
\square Fire Extinguishers \square Sprinklered Facility \square Alarm-Central Station \square Alarm-Local					
Central station burglar alarm?	☐ Yes ☐ No				
Closed-circuit surveillance cameras?	☐ Yes ☐ No				
Any medical facilities provided?*					
*If yes, who provides? ☐ City Paramedics ☐ Venue Staff ☐ Contracted Service					
Does Applicant have at least one (1) Automated External Defibrillator?*	☐ Yes ☐ No				
*If yes, are staff members trained to use it? Yes No					
Does Applicant have backup emergency lighting and/or emergency generators in the event	☐ Yes ☐ No				
of a power failure?					
Evacuation/egress plan arranged with civil authorities?	☐ Yes ☐ No				
Does Applicant have an emergency evacuation plan in place?	☐ Yes ☐ No				
Are evacuation procedures and floor plans posted?	☐ Yes ☐ No				
Exits clearly marked?	☐ Yes ☐ No				
Are parking lots well-lit?	☐ Yes ☐ No				
If Outdoor Venue:					
Weather monitoring system in place? ☐ Yes ☐ No					
Is there fencing around the perimeter? ☐ Yes ☐ No					
NATINADED CLUTCT CEDVICES					
MEMBER/GUEST SERVICES					
Indicate which of the following member/guest practices Applicant follows:					
☐ General health application is completed or health examination required on all new mer	nbers.				
☐ Qualified staff completes pre-activity evaluation for all new members (including a cardi	o risk screening).				
☐ Members/participants are required to sign an assumption-of-risk disclosure and waiver	/release of				
liability prior to participating in any physical activity.					
☐ All members and guests are instructed on how to properly use equipment.					
☐ Applicant has a written incident report system (accident log kept of all injuries and acci	dents).				
Indicate which of the following member/guest practices Applicant follows:					
☐ Written instruction of proper use is posted on each piece of equipment?					
☐ Parent's signature is required on the release form for customers under 16 years of age.					
☐ Employees, instructors, and trainers are available in each area of the facility for supervi	sion, spotting, and				
emergencies.					



☐ "Spotters" are required for all free	weights.			
☐ An equipment maintenance progra	am is in place, incl	uding a regular schedu	le of inspect	ion and preventive
maintenance of all apparatus and exe	rcise equipment.			
☐ There a regular schedule for cleani	ng and disinfectin	g equipment with reco	rds maintair	ned.
☐ Equipment inspection and repair lo	ogs are maintaine	d (with details, date/tir	ne and repai	ir service).
☐ Certificate of insurance & hold har	mless agreements	s are required from ven	idors repairii	ng equipment.
How often does Applicant inspect equip	oment? Daily	☐ Weekly ☐ Mon	thly 🛭 Ot	:her:
Does a professional servicing company	inspect equipmen	t at least annually?		☐ Yes ☐ No
Minimum age required to use the facilit	•			
Are minors required to be accompanied	I by parent or gua	rdian?		☐ Yes ☐ No
FACILITY OPERATIONS				
Advise if Applicant offers any of the follo	owing:			
☐ Aerobics	☐ Jacuzzi/Whir	lpool: #	☐ Shower	rs: #
☐ Basketball Courts: #	☐ Jogging Trac	ks: #	☐ Spa or S	Salon
☐ Circuit Equipment: #	☐ Kickboxing a	nd/or Martial Arts	☐ Step M	achines: #
☐ Climbing/Rock Walls: #	☐ Locker Room	ıs	☐ Swimm	ing Pools: #
☐ Crossfit	☐ Nursery/Day	care	☐ Tanning	g Beds: #
☐ Dance Instruction	☐ Physical The	rapists	☐ Tennis Courts: #	
☐ Gymnastics/Tumbling	☐ Racquetball	Courts: #	☐ Trampolines: #	
☐ Free Weights	☐ Rowing Mac	hines: #	☐ Treadmills: #	
☐ Handball Courts: #	☐ Sauna/Stean	n Room: #	☐ Zip Line	es/Ropes Courses: #
Describe other operations not listed about	ove:			
Advise if Applicant offers any of the foll				
Aerobic or Yoga Classes	Personal Trai		☐ Other	(describe):
☐ Nutritional Coaching/Counseling	☐ Weight Train	ing		
Advise if Applicant offers any of the follo	owing services:			
Youth Camps		☐ Chiropractic, Physical Therapy, Rehab, or similar service		
☐ Acupuncture, electrolysis, hair rem	noval, or similar		blood analys	sis, stress testing, weight
service	loss, or diet clinic			

 \square Manufacture or alter the packaging of diet aids, vitamins, supplements, or similar products



SWIMMING POOLS Complete the following section if Applicant has swimming pools at the facility.			□ N/A
Complete the following section if Applicant has swimming pools at the facility.			
Is the pool a lap pool?	☐ Yes	☐ No	
Are all swimming pools & spas compliant with Virginia Graeme Baker Pool & Spa Safety Act?	☐ Yes	□ No	
Does the water treatment/filtration system have a device to prevent Cryptosporidium outbreaks?* *If yes, what kind of device?	☐ Yes	□ No	
Is the facility staffed with certified lifeguards during open swim times?* *If yes, are lifeguards Red Cross certified? Yes No	☐ Yes	□ No	
*If no, are "Swim At Your Own Risk" signs with pool rules posted? \square Yes \square No			
Is proper lifesaving equipment available (shepherd's hook, rope, etc.)?	☐ Yes	☐ No	
Are pool rules clearly posted?	☐ Yes	☐ No	
Non-slip surface in pool area?	☐ Yes	☐ No	
Is the swimming pool(s) under video surveillance at all times?	☐ Yes	☐ No	
Are there any diving boards, platforms or slides?* *If yes, describe design (number, height, etc.):	☐ Yes	□ No	
Does Applicant offer swimming lessons or pool parties?* *If yes, explain:	☐ Yes	□ No	
Does Applicant sponsor swim clubs?* *If yes, explain:	☐ Yes	□ No	
TANNING APPARATUS Complete the following section if Applicant has tanning units/beds at the facility.			□ N/A
Number of tanning units:			
Are attendants on duty?	☐ Yes	☐ No	
Are all units equipped with timers?	☐ Yes	☐ No	
Are waivers signed by each customer/member?	☐ Yes	☐ No	
Are all tanning units/beds UL-approved?	☐ Yes	☐ No	
Are individuals required to wear protective goggles?	☐ Yes	☐ No	
Are units disinfected after each use?	☐ Yes	☐ No	
Are logs kept on each person's use and maximum # of uses enforced?	☐ Yes	☐ No	
Are units inspected regularly and maintenance logs maintained?	☐ Yes	□ No	
RESTAURANT/FOOD SERVICE OPERATIONS INFORMATION			□ N/A
Complete the following section if Applicant has restaurant/food services at the facility.			
Are all cooking installations in compliance with NFPA 96?	☐ Yes	□ No	□ N/A
Is the cooking area, hood and duct system protected by a fire extinguishing system?	☐ Yes	☐ No	□ N/A
Does Applicant have a written agreement in place for grease removal, hood, duct, and	☐ Yes	☐ No	□ N/A

filter cleaning with an outside company?



_	_	_			
*If yes, frequency of service: Annually	☐ Every 6 months	☐ Quarterly			
☐ Other (explain):	Date Last serviced:				
Are hoods/duct work cleaned by outside s	ervice contractor?		☐ Yes	☐ No	□ N/A
*If yes, frequency of service: Annually	☐ Every 6 months	☐ Quarterly			
☐ Other (explain):	Date Last serviced:				
CHILD CARE OPERATIONS					□ N/A
Complete the following section if Applicant	offers childcare at the	facility			•
	ojjero ermaeare at tire	Jacimey.			
Is Applicant's nursery service required to b	e state licensed?		☐ Yes	☐ No	
List the hours of operation for the child-sit	ting services: From	То			
Does Applicant require parents to sign liab	oility waivers?		☐ Yes	□ No	
What is the ratio of staff to children? 1 sta	ff member to c	hildren			
Are children required to be signed in and s	signed out?*		☐ Yes	☐ No	
*If yes, describe system used:					
Are parents/guardians required to be on p	remises at all times w	hile their child is in your	☐ Yes	☐ No	
care?					
Are criminal and background checks perfo	rmed on all potential	employees having	☐ Yes	☐ No	
exposure to or responsibility for children?					
Minimum age accepted:					

MANAGEMENT & PERSONNEL

Types of Service Part Time Full Time Part Time Full Time Part Time Full Time	Advise number of perso	onnel:					
Management Office Staff Fitness/Group Instructors Massage Therapist Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Yes No Is someone with CPR/AED/First Aid training on duty at all times?	Types of Service	Emplo	oyees	Independ	ent Contractors		
Office Staff Fitness/Group Instructors Massage Therapist Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured?		Part Time	Full Time	Part Time	Full Time		
Fitness/Group Instructors Massage Therapist Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured?	Management						
Instructors Massage Therapist Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured?	Office Staff						
Massage Therapist Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Yes	Fitness/Group						
Personal Trainers Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: % Does Applicant provide CPR and/or First Aid training by a certified organization? Yes No Is someone with CPR/AED/First Aid training on duty at all times? Yes No	Instructors						
Other: Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Yes No Is someone with CPR/AED/First Aid training on duty at all times? Yes No	Massage Therapist						
Number of employees trained in CPR?: Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? No	Personal Trainers						
Do independent contractors provide Applicant with certificates of insurance?* *If yes, does Applicant require to be listed as an Additional Insured? Yes No *If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? One	Other:						
*If yes, does Applicant require to be listed as an Additional Insured?	Number of employees trained in CPR?:						
If yes, advise limits Applicant requires contractors to carry: \$ Is Applicant a member of IHRSA or other trade association? *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? Yes \Boxed{NO} No	Do independent contractors provide Applicant with certificates of insurance?*				☐ Yes ☐ No		
Is Applicant a member of IHRSA or other trade association?* *If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? \textsquare Yes No	*If yes, does Applicant	require to be listed as an	Additional Insured? \Box	Yes			
*If other, advise which trade association: Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? Yes No	*If yes, advise limits Applicant requires contractors to carry: \$						
Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA: Does Applicant provide CPR and/or First Aid training by a certified organization? Is someone with CPR/AED/First Aid training on duty at all times? Yes No	Is Applicant a member	of IHRSA or other trade a	association?*		☐ Yes ☐ No		
Does Applicant provide CPR and/or First Aid training by a certified organization? ☐ Yes ☐ No Is someone with CPR/AED/First Aid training on duty at all times? ☐ Yes ☐ No	*If other, advise which	*If other, advise which trade association:					
Is someone with CPR/AED/First Aid training on duty at all times?	Percentage of trainers/instructors certified by ACE, NSCA, NCSF or other agency accredited by NCCA:						
	Does Applicant provide	☐ Yes ☐ No					
How many Automatic External Defibrillators (AED) does the Applicant have at each location?	Is someone with CPR/AED/First Aid training on duty at all times?						
	How many Automatic E	external Defibrillators (Al	ED) does the Applicant h	nave at each location?			
How many employees at each location, per shift, are trained to operate an AED?	How many employees	at each location, per shif	t, are trained to operate	e an AED?			



ABUSE OR MOLESTATION

If Abuse or Molestation coverage is requested, please complete the following section.

Does Applicant have custodial responsibility of minors?			☐ No		
Does Applicant conduct any overnight operations?			☐ No		
Identify the following hiring practices in place:					
Employment applications required for:	☐ Staff	☐ Volur	nteers		
Reference Checks required for:	☐ Staff	☐ Volur	nteers		
Criminal & Sexual Offender records checked for:	☐ Staff	☐ Volur	nteers		
In-Person Interview required for:	☐ Staff	☐ Volur	nteers		
Do any current staff or volunteers have any prior abuse or se	exual convictions?	☐ Yes	☐ No		
Does Applicant have a formal, written Abuse Prevention Proposition Propositio	,	☐ Yes	□ No		
Has Applicant ever had an incident which resulted in an alleg	ation of sexual abuse or	☐ Yes	□ No		
molestation? COMMERCIAL AUTO/HIRED & NON-OWNED AU	то				
molestation? COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA) is section.		omplete the	e followii	ng	
COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA)		omplete the	e followii	ng	
COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA) a section. Does Applicant have any owned vehicles? Does Applicant allow employees to use their own personal v purposes?* * If yes, how many?	coverage is requested, please c	· -	-	ng	
COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA) a section. Does Applicant have any owned vehicles? Does Applicant allow employees to use their own personal vehicles?	coverage is requested, please c	☐ Yes	□ No	ng □ N/A	
COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA) a section. Does Applicant have any owned vehicles? Does Applicant allow employees to use their own personal v purposes?* * If yes, how many? * If yes, how often? Does Applicant confirm all employees driving on its behalf ca	ehicles for business	☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes	□ No		
COMMERCIAL AUTO/HIRED & NON-OWNED AU If Commercial Auto and/or Hired & Non-Owned Auto (HNOA) is section. Does Applicant have any owned vehicles? Does Applicant allow employees to use their own personal venture of the purposes?* * If yes, how many? * If yes, how often? Does Applicant confirm all employees driving on its behalf content of the personal auto liability limits? Does Applicant rent/lease vehicles to others?* * If Yes, provide a List of Vehicles rented and a copy of the rented of the personal in the provide in the provide the following:	ehicles for business	☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes	□ No □ No	□ N/A	



LOSS INFORMATION

Please explain any losses over \$25,000 (use an additional sheet if necessal	ry).
1.	
2.	
3.	
THE UNDERSIGNED IS AN AUTHORIZED REPRESENTATIVE OF THE APPLICA INQUIRY HAS BEEN MADE TO OBTAIN THE ANSWERS TO QUESTIONS ON T THAT THE ANSWERS ARE TRUE, CORRECT AND COMPLETE TO THE BEST O	THIS QUESTIONNAIRE. HE/SHE REPRESENTS
further acknowledge that I understand that this information is provided ACORD application(s) referenced above and that the information contained disclaimers, warranties, and representations as on the referenced applications.	ed herein is subject to the same notices,
Signature of Insured	Title
Click or tap to enter a date. Date	